EMPHASIS IN HEALTH PSYCHOLOGY

Health psychology coursework trains students in theories of psychology and methods of stress and pain management in a clinical setting. The core areas of the curriculum focus on an examination of physiological, psychological, and social causes of and treatments for pain and stress. Students will also examine the issues involved with establishing an integrated primary care health psychology practice.

EMPHASIS IN MARRIAGE AND FAMILY

Marriage and family coursework trains students in theories and methods of psychology and counseling. The program meets the needs of those interested in the helping professions or pursuing graduate training in counseling. The core areas of the curriculum focus on the nature of human growth and development and on methods of assessing personality and problem areas. Principles and strategies of counseling children, adolescents, adults, and families are also examined.

Required Major Courses ..... 37 credits

ETH4021	Foundations for Ethics	2 cr
ETH4023	Worldview and Ethics	2 cr
PYC4011	Adult Learning Theory	3 cr
PYC4025	Professional Ethics	3 cr
PYC4033	Life Span Development	6 cr
PYC4041	Research and Statistics	6 cr
PYC4043	Tests and Measurements	3 cr
PYC4051	Principles of Counseling	3 cr
PYC4053	Counseling Children and Adolescents	3 cr
PYC4073	Personality and Psychopathology	6 cr

Emphasis in Criminal Justice ..... 16 credits

PYC4061	Criminology and Juvenile Delinquency	4 cr
PYC4063	Criminal Justice	3 cr
PYC4065	Corrections	3 cr
PYC4067	Criminal Law	3 cr
PYC4069	Deviance	3 cr

Emphasis in Health Psychology ..... 12 credits

PYC4081	Psychology of Stress Management	3 cr
PYC4083	Psychology of Pain Management	3 cr
PYC4085	Clinical Health Psychology	6 cr

Emphasis in Marriage and Family ..... 12 credits

PYC4055	Marriage and Family Counseling	3 cr
PYC4071	Interpersonal Psychology	3 cr
PYC4075	Psychology of Gender	3 cr
PYC4077	Treatment of Special Populations	3 cr

GRADUATE PROGRAMS

The Center for Graduate Studies at University of Northwestern – St. Paul offers a variety of degree options in an accelerated format designed for busy, working adults. Students complete a degree or certificate program by taking one course at a time and by meeting one night per week on-site, online, or in a blended cohort structure. Depending on the number of credits transferred into the program, the MAED, MAHS, MATS, and MOL degrees take approximately 18–22 months to complete, the M.Div. degree takes approximately 42–46 months to complete, and the certificates take approximately 8 months to complete.

Pursuing a Second Graduate Degree

Students may pursue a second master's degree at Northwestern. A maximum of 6 common credits may be shared between degrees; this does not include MATS and/or M.Div. students.

Master of Arts in Education

The Master of Arts in Education (MAED) is designed for individuals who are experienced educators, and the rigorous curriculum is intended to enhance their professional practice through advanced study in teaching and learning, instructional media and technology, immigrant and refugee education, educational research and development, and personal courses of interest. Students will identify and develop at least one approved area of concentration. The program is uniquely designed to advance the professional knowledge, effectiveness, and skills of P–16, Christian, corporate, career and technical, youth, adult, and other educators.

- The degree is granted upon successful completion of the required courses and 36 credits.

Required Courses ..... 36 credits

EDU5095	Concentration Elective I	3 cr
EDU5096	Concentration Elective II	3 cr
EDU5100	Worldview Perspectives on Professional Issues	3 cr
EDU5110	Theoretical Principles and Applications for Learning and Teaching	3 cr
EDU5130	Learners and Learning in Diverse Communities	3 cr
EDU5140	Instructional Design: Theory and Practice	3 cr
EDU5150	Instructional Media and Technology	3 cr
EDU5160	Developing and Facilitating Online Instruction	3 cr
EDU5170	Immigration Studies in Educational Contexts	3 cr
EDU5980	Collecting and Using Data for Educational Decisions	3 cr
EDU6120	Introduction to Research Methods	3 cr
EDU6855	Action Research Capstone and Seminar	3 cr

Master of Arts in Human Services

The Master of Arts in Human Services (MAHS) is designed for individuals who want to combine their Christian faith with their work in private or public social services settings, as they assist people with a variety of needs. Students will develop an understanding of how to assist people experiencing complex, problematic situations, how research can facilitate understanding people and their needs, and how to design and evaluate human services programs. Students may choose this program if they are interested in advancing in their human service-related career or continue with further graduate study in human services or social sciences programs.

- Upon completion of the required courses, students will begin the concentration in family studies to complete their coursework.
- The degree is granted upon successful completion of the required courses and 36 credits.

Required Courses ..... 21 credits

HMS5110	Worldview, Leadership, and Human Services	3 cr
HMS5112	Human Services Foundations and Systems	3 cr
HMS5114	Theories of Human Development	3 cr
HMS5210	Research Methods and Human Services	3 cr
HMS5220	Ethics and Legal Issues in Human Services	3 cr
HMS5230	Multicultural/Diversity Issues in Human Services	3 cr
HMS5240	Interviewing and Assessment Skills	3 cr

Concentration in Family Studies ..... 15 credits

HMS5310	Family Studies and Education	3 cr
HMS5312	Family Communication and Relationships	3 cr
HMS5314	Parent Education	3 cr
HMS5316	Marriage and Family Dynamics	3 cr
HMS5318	Intervention Strategies with Families	3 cr

Master of Arts in Theological Studies

The Master of Arts in Theological Studies (MATS) is designed for individuals who desire to study the Word of God and ground their faith in the rich theological truths found within its pages. This degree will prepare students in any profession who would like to increase their biblical knowledge and bring a Christian worldview to their profession. It is geared toward those who feel called to lay leadership and professional ministry. Individuals may also have the desire to pursue a teaching ministry, whether in ecclesiastical or academic settings. The MATS degree is designed to prepare students for additional graduate studies such as the Master of Divinity.

In the MATS courses, students will develop biblical principles for spiritual formation and self-awareness, learn advanced principles of biblical interpretation, study the socio-historical worlds that gave rise to the Old and New Testaments, survey the history of Christianity, and study various forms of and issues related to theology.

- Students have the option (not a program requirement) of taking undergraduate-level Greek courses online through Undergraduate Pathways. Contact the Undergraduate Pathways office for more information.
- The degree is granted upon successful completion of the required courses and 36 credits.

Required Courses ..... 36 credits

BIA5011	Spiritual Formation	2 cr
BIA5015	Biblical Hermeneutics	4 cr
BIA5017	Bible in Its World	4 cr
BIA5019	History of Christianity	4 cr
BIB6311	Theological Prolegomena	2 cr
BIB6312	Biblical Theology	4 cr
BIB6313	Systematic Theology I	4 cr
BIB6314	Systematic Theology II	4 cr
BIB6315	Contemporary Issues in Theology	2 cr
MIN5110	Self-awareness in Leadership	2 cr
PHI6316	Apologetics and Ethics	4 cr

Graduate Certificate in Christian Studies ..... 16 credits

BIA5011	Spiritual Formation	2 cr
BIA5015	Biblical Hermeneutics	4 cr
BIA5017	Bible in Its World	4 cr
BIA5019	History of Christianity	4 cr
MIN5110	Self-awareness in Leadership	2 cr

Master of Divinity

The Master of Divinity (M.Div.) is designed for individuals who desire a comprehensive program, combining theology and Bible exposition with Christian ministry, preparing students for pastoral and chaplaincy positions. The M.Div. builds on the MATS degree, adding courses in Bible exposition (20 credits) and Christian ministry (20 credits) to provide students with the knowledge and skills necessary to be successful pastors, ministers, church planters, or missionaries.

In the M.Div. courses, students will develop biblical principles for spiritual formation and self-awareness, learn advanced principles of biblical interpretation, study the socio-historical worlds that gave rise to the Old and New Testaments, survey the history of Christianity, study various forms of and issues related to theology, survey the historical setting and theological message of all biblical books.

Ministry courses will consider the knowledge, character, and skill competencies needed for ministry. Areas of study include calling/vocation, ministry relationships, leadership, management, homiletics, worship, pastoral roles, and global ministry. Students will be embedded in a local ministry during this program, providing the relevant context for applied learning, personal development, and required internships.

- During this program, students are required to be embedded in ministry through internships. Supervised field experience will be accumulated as students progress through the program and will be the basis for completing the two assessment courses near the end of the program.

- Students have the option (not a program requirement) of taking undergraduate-level Greek courses online through Undergraduate Pathways. Contact the Undergraduate Pathways office for more information.

- The degree is granted upon successful completion of the required courses and 76 credits.

Required Courses ..... 76 credits

BIA5011	Spiritual Formation	2 cr
BIA5015	Biblical Hermeneutics	4 cr
BIA5017	Bible in Its World	4 cr
BIA5019	History of Christianity	4 cr
BIB6211	Pentateuch	4 cr
BIB6212	Old Testament Prophets	4 cr
BIB6213	Old Testament Writings	4 cr
BIB6214	Gospels	2 cr
BIB6215	Acts of the Apostles	2 cr
BIB6216	Pauline Epistles	2 cr
BIB6217	Hebrews to Revelation	2 cr
BIB6311	Theological Prolegomena	2 cr
BIB6312	Biblical Theology	4 cr
BIB6313	Systematic Theology I	4 cr
BIB6314	Systematic Theology II	4 cr
BIB6315	Contemporary Issues in Theology	2 cr
MIN5110	Self-awareness in Leadership	2 cr
MIN5210	Leading and Organizing Ministry	4 cr
MIN5310	Pastoral Ministries	4 cr
MIN5410	Ministries of Word and Worship	4 cr
MIN5510	Ministry Relationships	2 cr
MIN5610	Ministering Culturally and Globally	2 cr
MIN5995	Graduate Internship Assessment I	2 cr
MIN5996	Graduate Internship Assessment II	2 cr
PHI6316	Apologetics and Ethics	4 cr

Master of Organizational Leadership

The Master of Organizational Leadership (MOL) is designed for individuals who want to integrate a Christian perspective into the context of leadership. Organizations are recognizing the need for leaders who possess relevant knowledge and skills necessary to effectively navigate increasingly complex environments. Learners will be equipped in the principles and practices needed to be effective leaders in public and private organizations. Coursework is designed to be relevant and immediately applicable to professional work.

- The degree is granted upon successful completion of the required courses and 36 credits.

Required Courses ..... 36 credits

BUA5410	Corporate and Personal Ethics	3 cr
BUA5610	Data Analysis for Decision Making	3 cr
LDR5100	Personal Growth for Effective Leadership	3 cr
LDR5110	Management and Leadership, Theory and Practice	3 cr
LDR5200	Strategic Leadership	3 cr
LDR5202	Effective Communication and Leadership	3 cr
LDR5300	Program Evaluation	3 cr
LDR5304	Leading in the Knowledge Economy	3 cr
LDR5306	Leading for Organizational Success	3 cr
LDR5308	Leading Organizational Change	3 cr
LDR5510	Human Resource and Organizational Development	3 cr
LDR5855	Capstone Project	3 cr

Graduate Certificate in Leadership ..... 15 credits

LDR5100	Personal Growth for Effective Leadership	3 cr
LDR5110	Management and Leadership, Theory and Practice	3 cr
LDR5200	Strategic Leadership	3 cr
LDR5202	Effective Communication and Leadership	3 cr
LDR5510	Human Resource and Organizational Development	3 cr

COURSE DESCRIPTIONS

Legend

cr Credit(s)
PQ Prerequisite(s)

Undergraduate Courses

LOWER-LEVEL GENERAL STUDIES

ANT2049 Anthropology ..... 3 cr
A study of selected individual societies ranging from bands to states, representing a wide range of geographical environments. Students conduct an in-depth study of one particular society. Equivalent to ANT2045.

ART1009 Art Appreciation ..... 3 cr
An introductory study in the field of art, covering the elements and principles of design and representational and creative expression. The course is designed to develop the student's appreciation of art. Equivalent to ART1005.

BIA1009 Spiritual Living and Discipleship ..... 2 cr
A study of spiritual formation and the role of discipleship in the believer's transformation toward Christ-likeness. Attention is given to the disciplines of spiritual living and the process of discipleship. Equivalent to BIA1005.

BIA2119 Bible Study Methods ..... 2 cr
Development of inductive Bible study skills. Attention is given to historical and cultural factors of the text that relate to understanding biblical passages as well as to methods for application of biblical principles. Equivalent to BIA2115.

BIA2129 World Evangelism Theory and Methods ..... 2 cr
This course lays a biblical foundation for the examination of personal evangelism and world missions. Attention is given to the roles of the individual, the ministry organization, and the local church in evangelism and missions. Strategies for organizing outreach are considered. Equivalent to BIA2125.

BIB1009 Old Testament Studies ..... 2 cr
A survey of critical passages of the Old Testament that tie together God's plan as manifested through the covenants. Attention is given to the role of Israel as God's agent on earth and the prophetic references to Jesus Christ as the fulfillment of God's plan. Important principles for ministry and Christian living are identified. May not be counted toward/for BIB1001.