FOCUS Facts

NORTHWESTERN COLLEGE
ST. PAUL, MINNESOTA

ADULT EDUCATION YOU CAN HAVE FAITH IN.

CHRISTIAN COUNSELING

A Bachelor of Science in Christian Counseling provides a strong academic foundation for a counseling ministry in a church or parachurch setting. Your eyes will be opened to the power of God in your profession, learning to minister to people in crisis through the compassion of Christ.

Program Cost

Academic year
2013-2014
Tuition: $420 per credit
Books $1,390 (est.)

General Education Requirements
(31 credits)

English Composition	4
Research Writing	2
Speech	3
Humanities (2 areas)	6
Math	4
Science	4
Social Science (2 areas)	8

Electives
(43 credits)

Talk to your FOCUS admission counselor about these options for earning elective credit:

- DSST/CLEP
- Distance education
- Additional college courses
- Vocational or technical credits
- Prior learning essays
- Military training
- Internships

Christian Counseling Coursework
(51 credits)

CHC4052	Crisis Counseling	3
CHC4054	Trauma, Loss and Grief Counseling	3
CHC4056	Substance Abuse and Addictions	3
CHC4081	Biblical Foundations for Christian Counseling	3
CHC4083	Use of Scripture in Christian Counseling	3
CHC4085	Spiritual Formation and Christian Counseling	3
CHC4087	Cultural Diversity and Christian Counseling	3
CHC4089	Case Studies in Christian Counseling	3
CHC4855	Christian Counseling Capstone	3
ETH4021	Foundations for Ethics	3
ETH4023	Worldview and Ethics	3
PYC4025	Professional Ethics	3
PYC4051	Principles of Counseling	3
PYC4053	Counseling Children and Adolescents	3
PYC4055	Marriage and Family Counseling	3
PYC4073	Personality and Psychopathology	6

Bachelor of Science in Christian Counseling coursework can be completed in approximately 18 months.

A Certificate in Christian Counseling is also available. Contact your admission counselor for more information.

Courses subject to change. Consult current catalog at nwc.edu/catalog for complete course descriptions.
Contact your FOCUS admission counselor at 651-631-5200 for more information.

Rev. 09/2012

CHC4052 Crisis Counseling 3 cr
Skills related to counseling in crisis situations are examined with special attention to the role of the Bible in addressing various circumstances. Referral agencies and skills are considered.

CHC4054 Trauma, Loss, and Grief Counseling 3 cr
This course explores the nature of trauma and loss and the biblical principles that are applicable to recovery. Attention is given to the psychological implications of trauma and loss and indicators that require referral. Counselor skills and theories are discussed.

CHC4056 Substance Abuse and Addictions 3 cr
This course addresses the causes and consequences of addictive behaviors as well as a biblical model for addressing individual responsibility and change. Networking and resource acquisition are addressed.

CHC4081 Biblical Foundations for Christian Counseling 3 cr
This course provides the biblical and theological foundations for the practice of Christian counseling. Attention is given to the nature of man, sin, salvation, sanctification, and how these impact the counseling process. Ethical issues and counselor skills are presented.

CHC4083 Use of Scriptures in Christian Counseling 3 cr
This course provides a framework and process for the use of Scripture in counseling. The application of the Bible to specific issues such as depression, anxiety, spiritual development, sexuality, marriage, and parenting is presented. Counselor skills and case management are addressed.

CHC4085 Spiritual Formation and Christian Counseling 3 cr
This course examines the dynamics of spiritual formation and the role of Christian counseling in facilitating spiritual growth and development. Attention is given to the processes of spiritual development and challenges facing new and mature Christians.

CHC4087 Cultural Diversity and Christian Counseling 3 cr
Specific issues related to counseling diverse cultures are addressed in the context of a Christian worldview. Methods for increasing sensitivity and intercultural counseling techniques are examined.

CHC4089 Case Studies in Christian Counseling 3 cr
Various case studies are examined and discussed in terms of problem identification and biblically based solutions. Role play is incorporated to demonstrate skill development.

CHC4855 Christian Counseling Capstone 3 cr
(PQ: Highly recommended that all other major courses be completed) This course synthesizes concepts learned in previous classes and enables students to formulate an integrated model of Christian counseling. Students complete a capstone project reflecting this achievement.

ETH4021 Foundations for Ethics 3 cr
Students construct a value system for making ethical decisions based upon biblical principles. Attention is given to methods of interpretation and the application of biblical concepts.

ETH4023 Worldview and Ethics 3 cr
Students continue to develop their value systems with greater emphasis on the philosophical and theological foundations for ethics. Attention is given to the application of ethical principles to economic and political ideologies.

PYC4025 Professional Ethics 3 cr
Students examine ethical standards for the profession of psychology. Attention is given to biblical principles and how these relate to legal and ethical decisions in counseling.

PYC4051 Principles of Counseling 3 cr
Students examine principles and methods of various schools of counseling. Interviewing skills related to assessment, diagnosis, and treatment planning are discussed. Attention is given to the application of biblical concepts.

PYC4053 Counseling Children and Adolescents 3 cr

(PQ: PYC4051) Students examine clinical issues facing children and adolescents in treatment planning. Reference is made to assessment procedures and related personality concepts. Attention is given to specific techniques for treating children, including play therapy.

PYC4055 Marriage and Family Counseling 3 cr

(PQ: PYC4051) Students examine theories and intervention techniques in marriage and family counseling. Methods of assessment are addressed. Specific issues facing couples and families are considered.

PYC4073 Personality and Psychopathology 6 cr

An examination of the major theories of personality including classical psychoanalytic, object relations, trait, behavioral, cognitive, narrative and humanistic approaches. Students will be encouraged to evaluate each theory constructively and develop a comprehensive theory of personality. A systematic consideration of the nature and causes of various forms of mental illness will be included. Assessment and treatment approaches from the various theories will also be examined.

Optional: CHC4995 Christian Counseling Internship 1–3 cr

(PQ: Junior/senior status, 4+ major courses completed, must be related to major, consent of faculty supervisor)